



\*\*\*\*\* WEEKLY BULLETIN \*\*\*\*\*

MONDAY 02 AUGUST 2021

**MEALS**

Breakfast: 7:00-9:00 a.m., Extended Breakfast 9:15- 10:30 a.m.,  
Lunch: 11:30 a.m. to 1:00 p.m., Extended Lunch 1:15-3:30 p.m.,  
Supper: 4:30-6:00 p.m.

**WELCOME / FAREWELL / IN MEMORY OF:**

WELCOME: N/A

FAREWELL: N/A

IN MEMORY OF: N/A

RESIDENT POPULATION: 220

AVERAGE AGE: 84

**ADMINISTRATION UPDATES & NEWS:**

**NOTE: Administrator:** Great news! All of the COVID-19 tests were negative from our 100% testing. With those results, we are able to return to random testing. Please keep awareness of social distancing, wear your mask and wash/sanitize your hands frequently.

**From the Ombudsman:**

**NOTE:** VA Veterans Service Representative Mr. Edwin Robles next visit will be Monday, **(30 August)** from 0900-1500 in Sheridan Room 4017.

**NOTE:** Dinner and a Beer with the Ombudsman is cancelled for 4 August. We will resume on Wednesday, 11 August.

**HEALTHCARE SERVICES UPDATES AND NEWS:**

**NOTE:** Random COVID-19 testing is Monday, August 2, 2021 in the Wellness Center from 0800-1600. Residents are required to test if notified.

**NOTE: Welcome to ARFH-W Rehabilitation Department:**

Ms. Nicole Burell - Physical Therapy Assistant

Ms. Alia Coleman- Physical Therapy Assistant

**NOTE: Fully vaccinated people** with no COVID-like symptoms following an exposure to someone with suspected or confirmed COVID-19 **should be tested** 3-5 days following a known exposure to someone with suspected or confirmed COVID-19 and wear a mask in public indoor settings for 14 days or until they receive a negative test result. See complete guidance at: <https://www.cdc.gov/coronavirus/2019-ncov/vaccines/fully-vaccinated-guidance.html>

**NOTE: Closed Caption Telephones:** If you are interested in obtaining a closed caption telephone, at no cost to you, please see Ms. Lynn Holt- Director of Rehabilitative Services (202) 541-7681. ***This telephone has made a difference for many of our Residents!***

**RESIDENT SERVICES OPERATIONS UPDATES & NEWS:**

**NOTE:** Residents Satisfaction Survey scheduled for August 9th to the 13th. Beginning on Monday, August 9th, the Resident Satisfaction Survey will be available to residents to fill out starting at 11:00 a.m. in front of the Scott dining room.

In this year's survey we will use computers to register opinions on life here at AFRH. Staff assistance will be available to help anyone who requests it.

**NOTE: From the Chaplain's Suite:** We wish to welcome our new Catholic Priest, Father Benedict Jurchak, who is replacing Father Elias O'Brien. Please find time to introduce yourself and to make Fr. Benedict feel at home.

**CAMPUS OPERATIONS UPDATES & NEWS:**

**NOTE: WORK ORDERS:** Call 202-541-7770 or email; [service.request@afrh.gov](mailto:service.request@afrh.gov) to request a Work Order. Response time for *Routine Calls* is 5 business days during normal working hours.

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The following activities are scheduled beginning (02 AUGUST)

**MONDAY, 02 AUGUST**

- 1100 Tai Chi & Qi Gong – Scott Theater
- 1130 Popcorn – Community Center Lobby
- 1300 Cardio Lite Chair Exercise Class – Scott Theater
- 1330 Movie (*Jaws*) – Scott Theater

**TUESDAY, 03 AUGUST**

- 0900 Croquet Behind dining
- 1100 August Trivia – Community Center Lobby
- 1300 Bowling Shootout – Bowling Center
- 1330 Just Documentaries (*The Coast Guard Ships*) – Scott Theater
- 1530 Bible Study – Meditation Room
- 1800 8/9 Ball Pool Tournament – Sheridan 4<sup>th</sup> Floor**

**WEDNESDAY, 04 AUGUST**

- 0900 Trip Meeting – Scott Theater
- 1100 Tai Chi & Qi-Gong – Scott Theater
- 1300 Bingo – Community Center
- 1830 Inspirational Movie (*Freedom from Worry and Anxiety*) – Meditation Room

**THURSDAY, 05 AUGUST**

- 0900 Bocce - Courtyard
- 1000 Table Tennis – Sheridan 5<sup>th</sup> Floor
- 1300 RT Prize Bingo – Community Center**
- 1330 Movie Selection Meeting – Game Room
- 1745 Hand & Foot (*Canasta*)
- 1800 Movie (*Vertigo*) - Scott Theater

**FRIDAY, 06 AUGUST**

- 1100 Tai Chi & Qi Gong – Scott Theater
- 1330 RT Seafood Fest – Community Center**
- 1430 Closing Ceremony – Community Center**
- 1600 Pizza Night Social - Defender's Inn
- 1800 Music with Steve & Kevin around the Camp Fire - Courtyard**
- 1800 Movie (*High Anxiety*) – Scott Theater

**SATURDAY, 07 AUGUST**

- 1300 Bingo – Community Center
- 1800 Movie (*Above and Beyond*) – Scott Theater

**SUNDAY, 08 AUGUST**

- 0900 Protestant Service – Scott Meditation Room
- 0900 Catholic Mass – Rose Chapel
- 1015 Protestant Service – Stanley Chapel
- 1800 Movie (*Guadacanal Diary*) – Scott Theater